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| Date 02/10/2015 | Clinician | | | Questionnaire | | | Attachment |
| Notes : 55 Years married, episodes of mania and depression. Manic episodes are charecterised by incr talk, decr sleep, delusion of grandiosity; Alcohol use++; C/o tremors and diarrhoea+- ? Lithium induced; Plan: Stop T Lithium; Add: T Sod Val 200-0-500 mg; T Quet 50 mg hs; T OLZ 5 mg hs; r/v 1 week.  10/10/15: No tremors and diarrohea settled; Plan: Incr T Sod Val 500 mg bd; T Quet 100 mg hs; Stop T OLZ; r/v 2 wks.  31/10/15: Stable; Incr sleep; Plan: Red T Quet 50 mg hs; r/v 1 week.  7/11/15: Stable; Decr T Quet 25mg 0-0-1; r/v 2wks.  21/11/15: Depressed; Plan: Stop T Quet 50 mg hs; Add T Cital 20 mg hs; r/v 2 wks.  05/12/15: Better; Plan: Incr T Cital 30 mg hs; r/v 1 week.  19/12/15: Betterbut stays in bed; Plan:Same ; R/v 3 wks.  09/01/16: Well and stable; Plan: same; R/v 3wks.  27/01/16: Stable; Plan: r/v 2 wks.  30/01/16: Stable; r/v 4 wks.  26/02/16: Stable; C/o decr sleep at night but day time sleep present; Plan: Sleep hygeine; r/v 1 mo.  26/03/16: Stable; Sleep pattern same as above same; r/v 1 mo.  23/04/16: Stable; r/v 4 wks.  21/05/16: Well. Red T Cital 20 mg hs; r/v 6 wks.  11/06/16: Manic relapse 1 week ago and settled after changed the drugs. Plan: T Stop T Cital; Add T Risp 4 mg hs; T THP 2 mg 1-0-0; r/v 2 wks.  25/06/16: Well. r/v 2 wks.  09/07/16: Well; r/v 7 wks. | | | | | | | |
| Diagnosis:  No: | | | 3 Month Clinical Outcome | | | Medication | |
| Patient Number | | 2 | | |
| Patient Forename | | Suresh Babu | | |
| Patient Surname | | R | | |